MONTHLY TRACKER · 01 / 12 · 2027

January habit tracker

Done % _____

HABIT	F 1	S 2	S 3	M 4	T 5	W 6	T 7	F 8	S 9	S 10	M 11	T 12	W 13	T 14	F 15	S 16	S 17	M 18	T 19	W 20	T 21	F 22	S 23	S 24	M 25	T 26	W 27	T 28	F 29	S 30	S 31	TOTAL

Key: ✓ or color = done · **R** = rest day (planned break: it keeps your streak and is left out of your %) · Never miss twice in a row.

This month I want to

Habit I will focus on

Notes

Sample

Free sample from pagewisestudio.com

GOAL PLANNER

My 2027 goals

Health & body

- [ ]
- [ ]
- [ ]
- [ ]

Money

- [ ]
- [ ]
- [ ]
- [ ]

Home

- [ ]
- [ ]
- [ ]
- [ ]

Work & career

- [ ]
- [ ]
- [ ]
- [ ]

Relationships

- [ ]
- [ ]
- [ ]
- [ ]

Learning

- [ ]
- [ ]
- [ ]
- [ ]

Fun & adventure

- [ ]
- [ ]
- [ ]
- [ ]

Rest & self-care

- [ ]
- [ ]
- [ ]
- [ ]

My one big goal for the year

Sample

Free sample from pagewisestudio.com

30-DAY CHALLENGE

My 30-day challenge

Start date _____

My challenge	Why I am doing it	My reward

Check the box each day you complete it. Use the lines for a quick note.

1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
6 ☐	7 ☐	8 ☐	9 ☐	10 ☐
11 ☐	12 ☐	13 ☐	14 ☐	15 ☐
16 ☐	17 ☐	18 ☐	19 ☐	20 ☐
21 ☐	22 ☐	23 ☐	24 ☐	25 ☐
26 ☐	27 ☐	28 ☐	29 ☐	30 ☐

Sample

Free sample from pagewisestudio.com